Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

*In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.*

*In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.*

Please fill out the following information for your school, district or program:

<table>
<thead>
<tr>
<th>Information Needed</th>
<th>Your Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of School, District or Program</td>
<td>Eugene School District 4J</td>
</tr>
<tr>
<td>Key Contact Person for this Plan</td>
<td>Andy Dey, Director of High Schools</td>
</tr>
<tr>
<td>Phone Number of this Person</td>
<td>541.790.7564</td>
</tr>
<tr>
<td>Email Address of this Person</td>
<td><a href="mailto:dey_a@4j.lane.edu">dey_a@4j.lane.edu</a></td>
</tr>
<tr>
<td>Specify Indoor/Outdoor Full Contact Sports Included in this Plan</td>
<td>Boys basketball, girls basketball, wrestling, cheer</td>
</tr>
<tr>
<td>Intended Starting Date for this Plan Update</td>
<td>May 1, 2021</td>
</tr>
</tbody>
</table>
School Instructional Model

OHA Requirements

- The school must offer, at a minimum, Comprehensive Distance Learning with Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school’s current instructional model and note the date it began.

Plan Details for School Instructional Model

_Eugene School District 4J high schools are operating in a hybrid learning model as of April 12, 2021._

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school’s specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon’s K-12 Schools](https://www.oregon.gov/ODH) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

_4J high schools participating in full-contact sports while Lane County is designated Extreme Risk or High Risk will offer responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. Testing will be available for all athletes, support staff and volunteers. Our schools’ testing protocols and procedures are in compliance with state guidance for COVID-19 testing. All coaches, support staff and volunteers will be provided COVID training prior to the start of the season and will be able to recognize and appropriately respond to symptomatic individuals. The athletic trainers at each school have been trained to administer responsive testing for anyone needing to be tested._

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school’s specific plans to meet this requirement.
- Sample contact tracing forms:
  - [COVID Monitoring Form: Excel](https://www.example.com)
  - [COVID Monitoring Form: PDF](https://www.example.com)
Plan Details for Contact Information for Contact Tracing

4J schools are committed to adhering to contact tracing expectations for all practices and competitions. At each practice all student athletes, coaches and volunteers sign in and provide contact information prior to engaging in any team activity. No one is allowed to participate in team activities if they have been told to quarantine or isolate by health officials.

The same is true for sporting events. All visiting athletes, coaches and volunteers must sign in when arriving at 4J facilities, provide contact information, and provide assurance that no one entering the facility demonstrates any symptoms or has been exposed to anyone with COVID-19 in the previous 14 days. This will also be the case for all officials, referees and judges.

4J COVID-19 Communicable Disease Management Plan

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor full contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school’s specific plans to meet this requirement.

Plan Details for Student-Athlete Waiver

All student athletes will need to submit a complete waiver signed by a parent or guardian prior to outdoor contact sports participation. All waivers will be kept on file at the school and can be readily accessed by the athletic director and trainer.

A copy of the waiver can be found at www.4j.lane.edu/coronavirus/blueprint: Athlete Waiver Form