

5 TIPS FOR CREATING AN AT-HOME WORKSPACE

TIP #1

Be Organized

Keep your school supplies in the same spot. Use cans or organizers so your workspace is clutter-free. Personalize your space.

TIP #2

Lighten Up

Your workspace should be well lit. If you can, set up near a window to take advantage of natural light.



Go Green

Studies show that a little green plant lifts your spirits & nurtures a sense of ownership.

TIP #3

TIP #4

Get Comfy

Make sure the place where you're sitting is comfortable yet supportive. Some kids prefer to work on the floor or in a bean bag chair. That's ok, too.



TIP #5

Be Supported

Place your iPad or computer on a flat surface rather than directly on your lap. Use a desk, table, lap desk or small piece of wood or stiff cardboard.

