

Hand Truck Safety Tips

For the safer workplace

- ▶ Use the hand truck for only safe, reasonable sized loads. If necessary, make two trips.
- ▶ Maintain a low center of gravity. Stack heavier objects first.
- ▶ Check your load before moving. See that your load will not tip or shift.
- ▶ Do not walk backwards while moving the truck.
- ▶ Keep your back straight and use your leg muscles.
- ▶ Some volatile items, such as gas cylinders, must be strapped securely to the truck.
- ▶ Move only at safe speeds. Hasty turns could make you lose control and your load.

