

EUGENE SCHOOL DISTRICT 4J
HEALTH SERVICES

Dear Parent,

Your child may have been exposed to chicken pox at school. You may wish to consult your physician if surgery or hospitalization is being planned for anyone in your family, as chicken pox can be considered a potential risk for hospital populations.

Immunization for chicken pox is available. Contact your physician's office for more information. Some children (about 10-15%) might still get chicken pox after receiving the vaccine, but the illness will be much milder, with less risk of complications and hospitalization. A second booster vaccine is now recommended for ages 4 and older.

Chicken pox is an acute, generalized viral disease that begins suddenly with mild symptoms, which include signs of a cold, fever and a blistering rash. Watch for these symptoms 10 to 21 days from now (usually 13 to 17 days), and if the symptoms occur, keep your child at home and call your doctor promptly for diagnosis and treatment options.

With early notification, the doctor may be able to prescribe something to lessen the illness, as well as instruct you about comfort measures and complications to watch for. DO NOT GIVE ASPIRIN or aspirin containing products due to the increased risk of Reye's Syndrome in children under 18 years old. Children may return to school after all lesions are crusted, usually about seven days after the rash first appears.

Please notify us if you find out your child does have chicken pox. Feel free to contact the school health clinic or regional school nurse if you have other questions.

Thank you,

Churchill Health Center
North Eugene Health Center

541-790-5227
541-790-4445

School Nurse

Revised 10-23-13
141

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