

THE 4J ED CENTER LUNCH BOX

Winter

2011-2012

**WEIGHT
WATCHERS!
MENUS WILL HAVE
POINT VALUES**

LOCATED AT NUTRITION SERVICES CATERING DEPT.

MONDAY-TUESDAY
THURSDAY-FRIDAY

BACK BY POPULAR DEMAND:

Salad or sandwich of the day

Salads \$4.25; Sandwiches \$3.75.

Can get a drink for \$0.50 cents if you purchase the salad or sandwich.

WEDNESDAYS:

BUFFET \$5.25 per person

Includes Entrée, sides and drink

**We will have take-home days on special days
(Football tailgate Fridays, Thanksgiving, etc..)**

Order by calling **790-7654**
or emailing **catering@4j.lane.edu**

New service available as long as it's self-sustaining!

AM:

**Proudly
Serving**

7 am– 10:00 am DAILY
\$0.75 for the first cup,
\$0.50 for the second

YOU DON'T HAVE TO MAKE A SPECIAL TRIP TO THAT
STAND OF YOURS ON THE WAY TO WORK TO GET A
GOURMET CUP OF COFFEE! ALLANN BROS DESCRIBES
THEIR MAESTRO'S BLEND AS AN ESPRESSO ROAST, A
"DARKER AND BOLDER" ROAST THAN THEIR FRENCH
ROAST BLEND

