**Nutrition Facts**

**Serving Size:** 1/4 cup (52g)  
**Servings Per Container:** about 37

<table>
<thead>
<tr>
<th><strong>Nutrient</strong></th>
<th><strong>Value</strong></th>
<th><strong>% Daily Value</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>100</td>
<td>4%</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>60</td>
<td></td>
</tr>
<tr>
<td>Total Fat</td>
<td>7g</td>
<td>10%</td>
</tr>
<tr>
<td>Suaturated Fat</td>
<td>4.5g</td>
<td>28%</td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0g</td>
<td></td>
</tr>
<tr>
<td>Cholesterol</td>
<td>35mg</td>
<td>12%</td>
</tr>
<tr>
<td>Sodium</td>
<td>240mg</td>
<td>10%</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>3g</td>
<td>1%</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Sugars</td>
<td>2g</td>
<td></td>
</tr>
<tr>
<td>Protein</td>
<td>6g</td>
<td></td>
</tr>
</tbody>
</table>

**Vitamin A 6%**  
**Vitamin C 0%**  
**Calcium 10%**  
**Iron 0%**

**% Daily Value are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:**

**Calories:** 2,200  
**Total Fat:** Less than 65g  
**Saturated Fat:** Less than 20g  
**Cholesterol:** Less than 300mg  
**Sodium:** Less than 2,400mg  
**Total Carbohydrate:** 300g  
**Dietary Fiber:** 25g  

**Calories per gram:**
- Fat: 9  
- Carbohydrate: 4  
- Protein: 4
Small Curd Cottage Cheese
4% Milkfat Min
GRADE A

Nutrition Facts
Serving Size 1/2 Cup (113g)
Serving Per Container (About 20)

Energy 90 Kcal
Calories from Fat 45

Total Fat 5g
Saturated Fat 3g
Trans Fat 0g
Cholesterol 15mg
Sodium 240mg
Total Carbohydrate 5g
Dietary Fiber 2g
Sugars 4g
Protein 15g

% Daily Value* of

Vitamin A 4% • Vitamin C 2%
Calcium 16% • Iron 0%

INCIPIENTS: Cultured Pasteurized Hogfat Milk, Milk & Cream, Salt, Whey, Monos and Diglycerides, Modified Food Starch (corn), Calcium Phosphate, Carbon Dioxide (to maintain freshness), Citric Acid, Guar Gum, Locust Bean Gum, Carrageenan, Calcium Sulfate, Sodium and Potassium Phosphate and Enzymes.

KEEP REFRIGERATED
33°F-40°F

NET WT 5 LBS (2.27 kg)

DISTRIBUTED BY SYSCO CORPORATION, HOUSTON, TEXAS 77077-3099

MFG AT PLANT No 0671

INV#905937
Whipped Cream Cheese Spread

Nutrition Facts:

Serving Size: 2 Tbsp. (30g) 
Servings Per Container: 68

Amount Per Serving
Calories: 110
Total Fat: 8g
Saturated Fat: 5g
Cholesterol: 240mg
Sodium: 690mg
Total Carbohydrate: 0g
Dietary Fiber: 0g
Sugars: 0g
Protein: 1g

% Daily Values:

- Total Fat: 11% 
- Cholesterol: 7% 
- Sodium: 28% 
- Calories: 2%

Ingredients: Pasteurized Milk, Cream, Cultures, Salt.

Manufactured by: Schreiber Food Inc.

Ensure this product is not frozen before refrigeration.

Pasteurized Whole Milk, Cultured.
Cream cheese

[Handwritten note: 900-758]