Tortilla, Taco Shells & Pitas

Tortillas, 8" Whole Wheat- Commodity

Tortillas, 10" Whole Wheat

Tortillas, 12" Tomato Basil

Tortillas, 12" Spinach Herb

Shells, 6" Flour

Shells, 5" Taco

Pita Pocket

WW Tortillas, Comm
Ing #: 901927

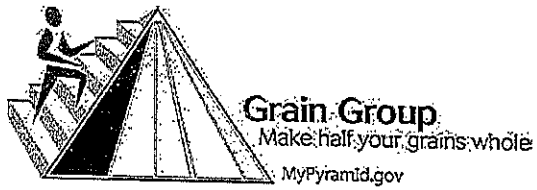
FNS USDA Food & Nutrition Service

USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 11-18-08) **Visit us at** www.fns.usda.gov/fdd

B153 - TORTILLA, WHOLE GRAIN, FROZEN, 27 LB

CATEGORY	• Grains/Breads
PRODUCT DESCRIPTION	• These frozen 8 inch whole grain tortillas are made of whole wheat flour or a combination of whole wheat flour and enriched wheat flour. The tortillas meet the HealthierUS School Challenge whole grain criteria for a whole grain food.
PACK/YIELD	• 12/24 ct pouches per 27 lb case. • One 27 lb case AP yields about 288 tortillas. • One pouch AP yields about 24 tortillas. • CN Crediting: 1 Whole grain tortilla made with whole wheat flour provides 1 serving Grains/Breads.
STORAGE	• Store frozen whole grain tortillas at 0 °F or below in original shipping case off the floor. • Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.



Nutrition Information

Whole grain tortilla, 8 inch

	1 tortilla (43 g)
Calories	120
Protein	4.0 g
Carbohydrate	20 g
Dietary Fiber	3 g
Sugars	1 g
Total Fat	2.5 g
Saturated Fat	0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Iron	1 mg
Calcium	100 mg
Sodium	340 mg
Magnesium	N/A
Potassium	N/A
Vitamin A	0 IU
Vitamin A	0 RAE
Vitamin C	0 mg
Vitamin E	N/A

10425

Ing # 900511

MISSION FOODSERVICE

Without Borders™

10" HEAT PRESSED WHOLE WHEAT TORTILLAS
12/12 CT.

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, LEAVENING (BAKING SODA, SODIUM ALUMINUM SULFATE, CORN STARCH, MONOCALCIUM PHOSPHATE AND/OR SODIUM ACID PYROPHOSPHATE, CALCIUM SULFATE), DOUGH CONDITIONERS (FUMARIC ACID, SODIUM METABISULFITE), CALCIUM PROPIONATE AND SORBIC ACID (TO PRESERVE FRESHNESS). CONTAINS: WHEAT

CRC 119

KEEP REFRIGERATED

Manufactured by Mission Foods, Irving, TX 75038

0 00 73731 10425 5

0 00 73731 10425 5

10425

10" HEAT PRESSED WHOLE WHEAT TORTILLAS

12/12 CT.

Nutrition Facts

Serving size: 1 tortilla (71g)
Servings Per Package: 12

Amount Per Serving	
Calories 200	Calories from Fat 50
	% Daily Values *
Total Fat 5g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Total Carbohydrates 34g	11%
Dietary Fiber 4g	16%
Sugars 0g	
Protein 6g	
Vitamin A 0% • Vitamin C 0%	
Calcium 20% • Iron 10%	

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fibers		25g	30g

Calories per gram
Fat 9 • Carbohydrates 4 • Protein 4

NET WT 22.50 LBS (10.20 KG)

6/12 CT

Classic

12" TOMATO BASIL WRAPS

8072654

0 00 74865 50770 7

NET WT 16.5 LB (7.48kg)

10258

6/12 CT

Classic

12" TOMATO BASIL WRAPS

8072654

PREPARATION INSTRUCTIONS:

- **STEAM CABINET:** Place in steam cabinet. Stack no more than 3 dozen high. Heat to 160° F. Do not hold for more than 2 hours.
- **GRILL:** Heat grill to 400° F. Heat tortillas on each side for 10 - 15 seconds.
- **MICROWAVE:** Stack no more than 6 tortillas and heat 45 - 60 seconds on high (microwaves vary for power setting and time).
- **STAGING:** Store in steam cabinet or bun warmer until ready to use (maximum 1 hour to prevent drying).

6/12 CT

Nutrition Facts

Serving Size 1 piece (104g)
Servings Per Package 72

Amount Per Serving	
Calories 310	Calories from Fat 60
	% Daily Value*
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 720mg	30%
Total Carbohydrate 52g	17%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 8g	
Vitamin A 8% • Vitamin C 0%	
Calcium 25% • Iron 15%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil), Seasoning (Tomato Powder, Spice, Salt, Dehydrated Red Bell Pepper, Sun Dried Tomato, Soybean Oil, Dehydrated Onion, Natural and Artificial Flavor, Extractives of Paprika, Sulfiting Agents), Contains 2% or Less of Each of the Following: Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Distilled Monoglycerides, Wheat Starch, Alpha Amylase, Tricalcium Phosphate, BHT, Cellulose Gum, Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Calcium Propionate and Sorbic Acid (To Preserve Freshness).

CONTAINS: Wheat

0 00 74865 50770 7

0 00 74865 5

Tomato Basil Tortilla, 12
Ing # 910020

Nutrition Facts

Serving Size 1 piece (104g)
Servings Per Package 72

Amount Per Serving	
Calories 310	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 3g	**15%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 740mg	**31%**
Total Carbohydrate 51g	**17%**
Dietary Fiber 2g	**8%**
Sugars 0g	
Protein 9g	
Vitamin A 0% • Vitamin C 0%	
Calcium 25% • Iron 20%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil), Contains 2% or Less of Each of the Following: Seasoning (Spinach Powder, Onion Powder, Spice, Salt, Garlic Powder, Soybean Oil, Artificial Color: [FD&C Yellow #5 Lake and Blue #1 Lake], Natural and Artificial Flavor), Salt, Leavening (Baking Soda, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Distilled Monoglycerides, Wheat Starch, Alpha Amylase, Tricalcium Phosphate, BHT, Cellulose Gum, Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Calcium Propionate, Sorbic Acid and/or Citric Acid (To Preserve Freshness).
CONTAINS: Wheat

0 00 74865 50773 8

6

6/12 CT

Classic 12" SPINACH HERB WRAP 8072787

0 00 74865 50773 8

NET WT 16.5 LB (7.48kg)

10257

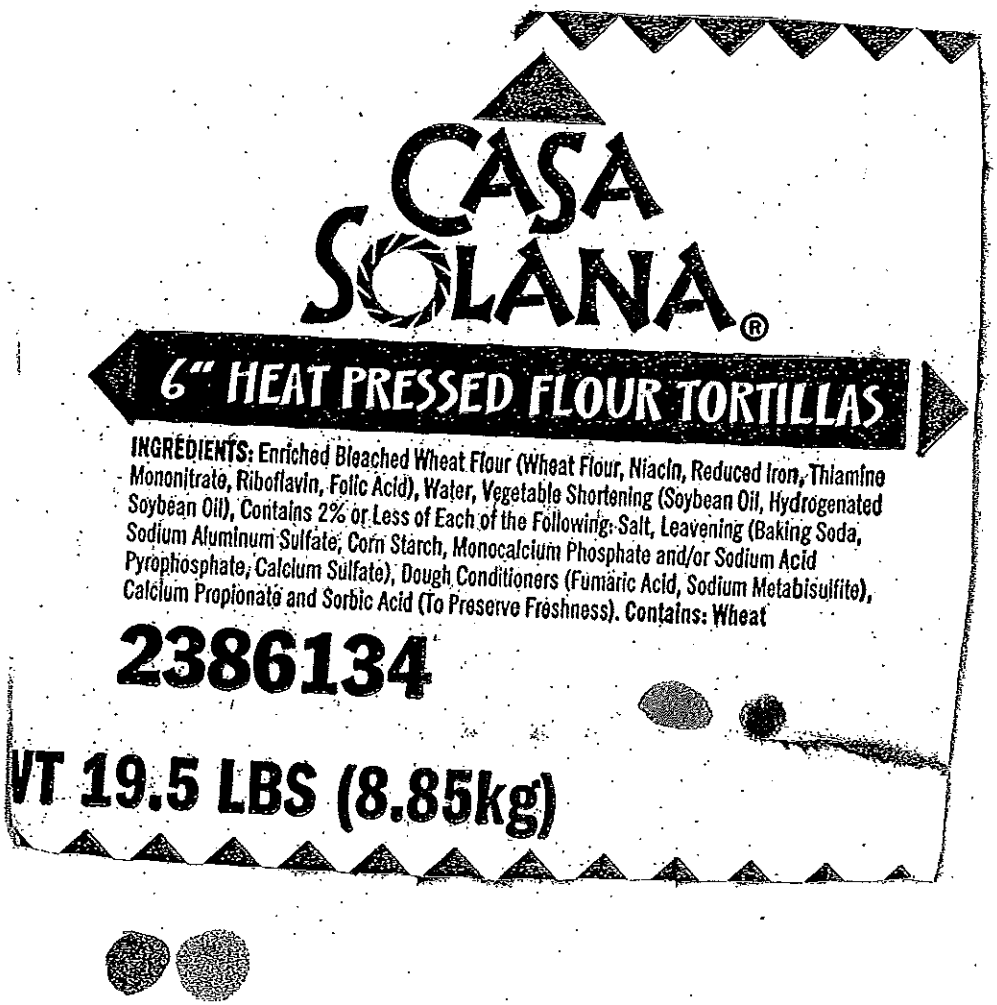
Classic 12" SPINACH HERB WRAP 8072787

PREPARATION INSTRUCTIONS:

- **STEAM CABINET:** Place in steam cabinet. Stack no more than 3 dozen high. Heat to 160° F. Do not hold for more than 2 hours.
- **GRILL:** Heat grill to 400° F. Heat tortillas on each side for 10 - 15 seconds.
- **MICROWAVE:** Stack no more than 6 tortillas and heat 45 - 60 seconds on high (microwaves vary for power setting and time).
- **STAGING:** Store in steam cabinet or bun warmer until ready to use (maximum 1 hour to prevent drying).

Spinach Herb Tortilla, 1
Ing # 901021

6" Flour Tortillas
Ing # 902584



SYSCO eNutrition

Tortilla Flour Press 6 In

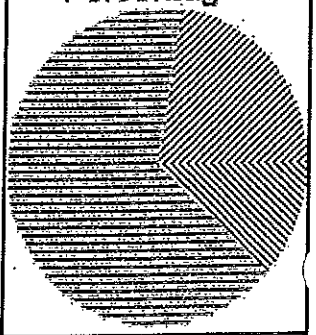
SUPC:2386134

Nutrition Information
Serving Size: 1 piece (31 grams)

Amount Per Serving		
Calories: 90		Calories from Fat: 23
		% Daily Value*
Total Fat:	2.5 GM	4%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	200 MG	8%
Potassium:	NA	NA
Total Carbohydrate:	16 GM	5%
Dietary Fiber:	2 GM	8%
Sugars:	0 GM	
Protein:	3 GM	

Vitamin A: 0%	Vitamin C: 0%
Calcium: 6%	Iron: 6%

Calorie Percentages



PRO - 12.18%
CHO - 64.97%
FAT - 22.84%

Ingredients:
Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or Less of Each of the Following: Salt, Leavening (Baking Soda, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Calcium Propionate and Sorbic Acid (To Preserve Freshness).

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Taco shells 5"
Ing # 902542

Nutrition Facts

Serving Size 3 shells (32g)
Servings per Package about 8

Amount per Serving
Calories 150 **Calories from Fat** 60

	% Daily Value*
Total Fat 6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	
Vitamin A 0% • **Vitamin C** 0%	
Calcium 2% • Iron 4%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

CASA SOLANA®

TACO SHELLS

INGREDIENTS: Ground Corn Treated with Lime (Corn Flour, Lime, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Oil (Contains One or More of the Following: Cottonseed Oil, Corn Oil).

6009302

Taco Shell, Hard

Img # 902542

Nutrition Facts

Serving Size 3 pieces (32g)
Servings per Container about 67

Amount per Serving

Calories 150	**Calories from Fat** 60
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 2g	

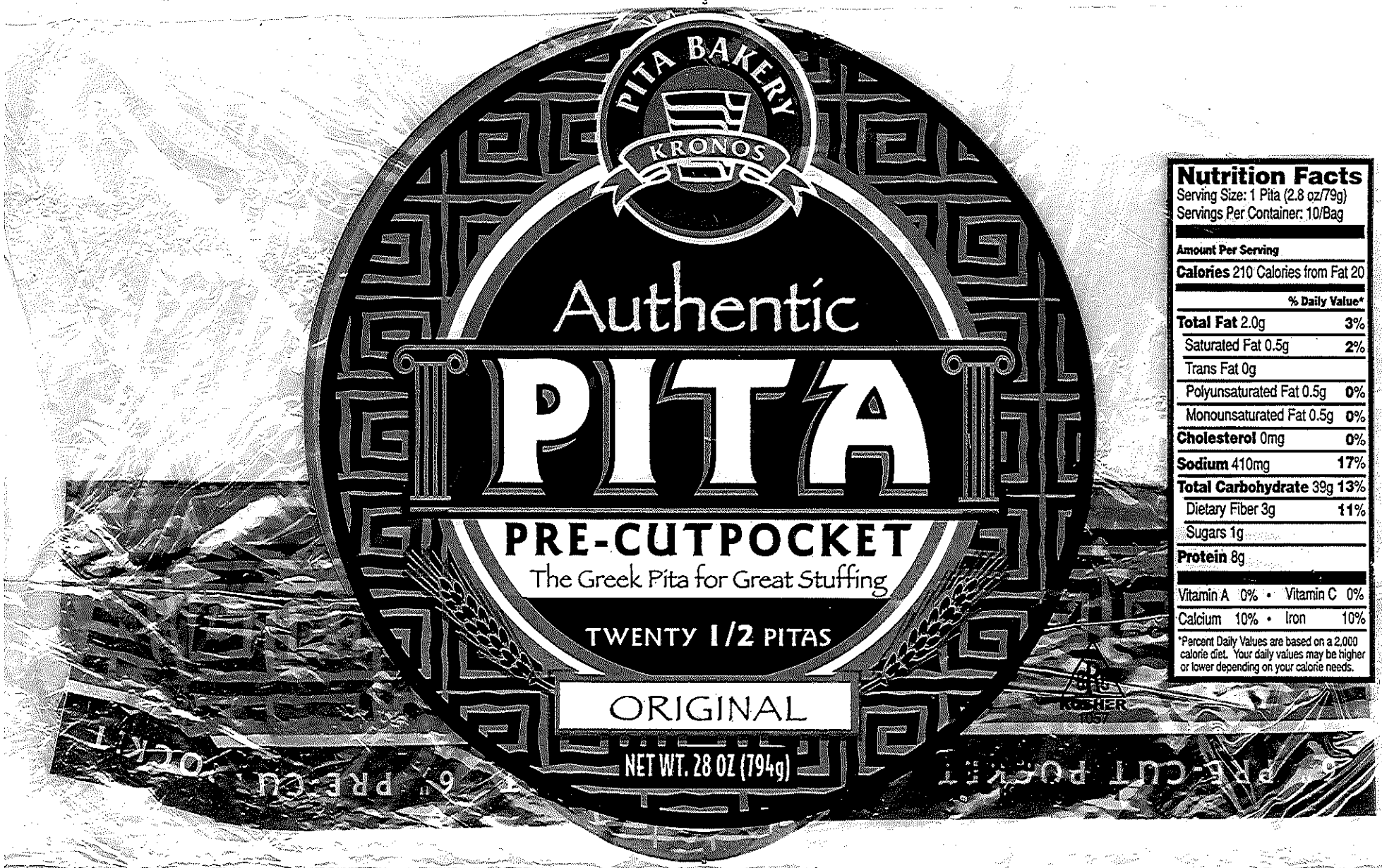
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

INGREDIENTS: Ground Corn Treated with Lime (Corn Flour, Lime, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin), Water, Vegetable Oil (contains one or more of the following: Cottonseed Oil, [illegible] Palm Oil).



Nutrition Facts

Serving Size: 1 Pita (2.8 oz/79g)
Servings Per Container: 10/Bag

Amount Per Serving	
Calories 210 Calories from Fat 20	
	% Daily Value*
Total Fat 2.0g	**3%**
Saturated Fat 0.5g	**2%**
Trans Fat 0g	
Polyunsaturated Fat 0.5g	**0%**
Monounsaturated Fat 0.5g	**0%**
Cholesterol 0mg	**0%**
Sodium 410mg	**17%**
Total Carbohydrate 39g	**13%**
Dietary Fiber 3g	**11%**
Sugars 1g	
Protein 8g	

Vitamin A 0% • Vitamin C 0%
Calcium 10% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

11264Z

Pita Pocket
Ing #965956