

## **Sides, Misc B/G Products**

**Chow Mein Noodles**

**Cookie, Sugar**

**Cookie, Chocolate Chip**

**Cornbread Mix**

**Goldfish Crackers, Cheddar**

**Croutons**

**Pretzels**

**Tortilla Chips**

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# LA CHOY®

**CHOW MEIN NOODLES**

INSPIRED BY TRADITIONAL ASIAN CUISINE



SERVING  
SUGGESTION



NET WT 24 OZ (1 LB 8 OZ) 681

## Nutrition Facts

Serving Size 1/2 cup (28g)  
Servings Per Container about 24

Amount Per Serving

**Calories 130** Calories from Fat 50

**Total Fat 5g** 8% Daily Value\*

**Saturated Fat 1.5g** 8%

**Trans Fat 1.5g**

**Cholesterol 0mg** 0%

**Sodium 230mg** 10%

**Total Carbohydrate 19g** 6%

**Dietary Fiber less than 1g** 4%

**Sugars 0g**

**Protein 3g**

**Vitamin A 0%** • **Vitamin C 0%**

**Calcium 0%** • **Iron 6%**

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

<b>Calories:</b>	2,000	2,500
<b>Total Fat</b>	Less than 65g	80g
<b>Sat. Fat</b>	Less than 20g	25g
<b>Cholesterol</b>	Less than 300mg	300mg
<b>Sodium</b>	Less than 2,400mg	2,400mg
<b>Total Carb.</b>	300g	375g
<b>Dietary Fiber</b>	25g	30g

**INGREDIENTS:** ENRICHED WHEAT FLOUR (WHEAT, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY-HYDROGENATED VEGETABLE OIL (SOYBEAN OIL/OR COTTONSEED), SALT, WATER, YEAST, SUGAR.

**CONTAINS: WHEAT**  
DISTRIBUTED BY:  
LA CHOY FOODS  
5 CONAGRA DRIVE  
OMAHA, NE 68102 U.S.A.

Chow Mein Noodles

Ing # 900101



Cookie, Sugar  
Ing # 900091  
Recipe # 6648

Date last updated: 14 September 2009

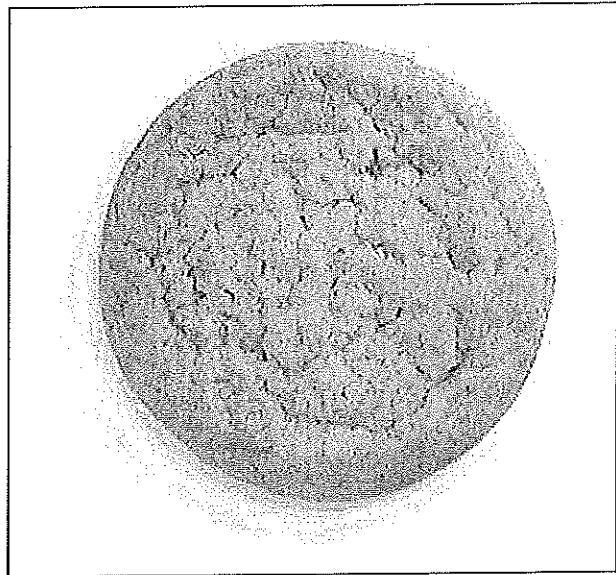
## Value Zone® Frozen Cookie Dough

### Sugar

Item Code: 58104	Item Size: 1oz - 20 lbs. - Approx. 320/Case
Case Pack: 320	Net Case Weight: 20lb

A simply classic cookie with the right blend of sweetness.

Contains 0.5 bread servings.



Nutrition Facts	
Serving Size 1.0 oz. (28g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 2.5g	11%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 105mg	4%
Potassium 15mg	0%
Total Carbohydrate 18g	6%
Dietary Fiber 0g	1%
Sugars 10g	
Protein 1g	
Vitamin A 6%	Vitamin C 0%
Calcium 0%	Iron 2%
Thiamin 6%	Riboflavin 4%
Niacin 4%	Folate 4%
Phosphorus 2%	Magnesium 0%
Zinc 0%	

\*Percent Daily Values are based on a 2,000 calorie diet.

#### Ingredients:

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Margarine (Palm Oil, Water, Soybean Oil, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Eggs, High Fructose Corn Syrup, Salt, Baking Soda.

Contains: Wheat, Eggs and Soybeans

#### Shelf Life

1 year (unopened) from the date of production when stored at or below 0° F (-18° C).

24 hours when baked and stored in our display or other container.

#### Baking Instructions

Pre-heat oven to desired temperature.

Otis Commercial Oven: 280 F (138 C) for 14 - 17 min.

Convection Oven: 300 F (149 C) for 10 - 12 min.

Commercial Rack Oven: 325 F (163 C) for 10 - 12 min.

Residential Oven: 325 - 350 F (163 - 177 C) for 16 - 18 min.

Actual baking time will depend on the dough temperature, number of cookies baked, oven air flow and oven temperature accuracy.

Place cookies on parchment paper.

Cookie placement on a standard institutional 18 x 26" baking sheet is as follows: Place up to 35 (5x7) cookies per sheet pan. Using an Otis Oven and 9.75 x 14.75 inch parchment paper, place in a 3 x 4 pattern on the baking sheet.

Cookie should cool for 20 to 30 minutes prior to removing from the parchment paper. Cookies are still baking while cooling on the pan.

Properly baked cookies should have a golden brown color, and should be firm on the outside and have a soft moist interior.

Underbaked cookies will appear pale, slightly grey in the center, greasy, and have a soft pliable texture.

Overbaked cookies will appear medium brown to dark brown in color, and will have a firm to hard texture.

#### Defrosting / Handling Tips

Do not thaw before use. Keep frozen in original packaging.



Cookie, Chocolate Chip 1  
Ing # 001279  
Recipe # 3144

Date last updated: 14 September 2009

## Value Zone® Frozen Cookie Dough

### Chocolate Chip

Item Code: 58100      Item Size: 1oz - 20 lbs. -  
Approx. 320/Case  
Case Pack: 320      Net Case Weight: 20lb



Semi-sweet chocolate chips in every bite make this a favorite.

Contains 0.5 bread servings.

### Nutrition Facts

Serving Size 1.0 oz. (28g)  
Servings Per Container

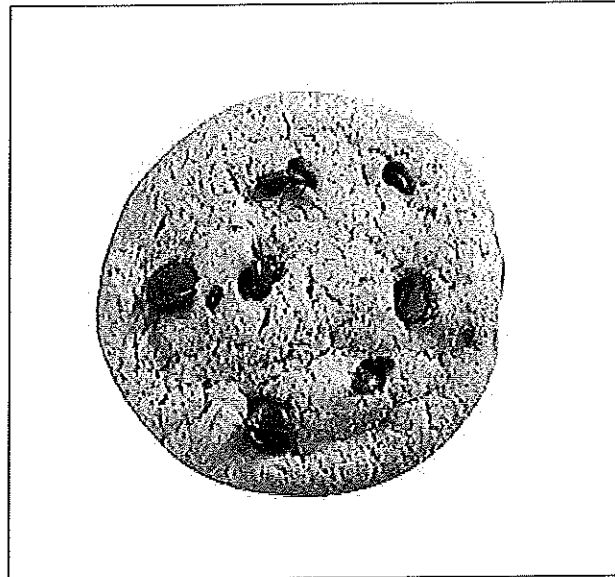
Amount Per Serving		Calories from Fat 50
		% Daily Value*
<b>Calories 130</b>		
<b>Total Fat 6g</b>		9%
Saturated Fat 3g		15%
Trans Fat 0g		
<b>Cholesterol 5mg</b>		2%
<b>Sodium 95mg</b>		4%
<b>Potassium 25mg</b>		1%
<b>Total Carbohydrate 17g</b>		6%
Dietary Fiber 1g		2%
Sugars 10g		
<b>Protein 1g</b>		
Vitamin A 2%	• Vitamin C 0%	
Calcium 0%	• Iron 4%	
Thiamin 4%	• Riboflavin 4%	
Niacin 2%	• Folate 4%	
Phosphorus 2%	• Magnesium 2%	
Zinc 0%		

\*Percent Daily Values are based on a 2,000 calorie diet.

#### Ingredients

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Dextrose, Soy Lecithin, Vanilla), Palm Oil, Margarine (Palm Oil, Soybean Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Eggs, Water, Invert Sugar, Molasses, Baking Soda, Salt, Natural and Artificial Flavor.

Contains: Wheat, Eggs, Soybeans and Milk



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#### Baking Instructions

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Otis Commercial Oven: 280 F (138 C) for 14 - 17 min.

Convection Oven: 300 F (149 C) for 10 - 12 min.

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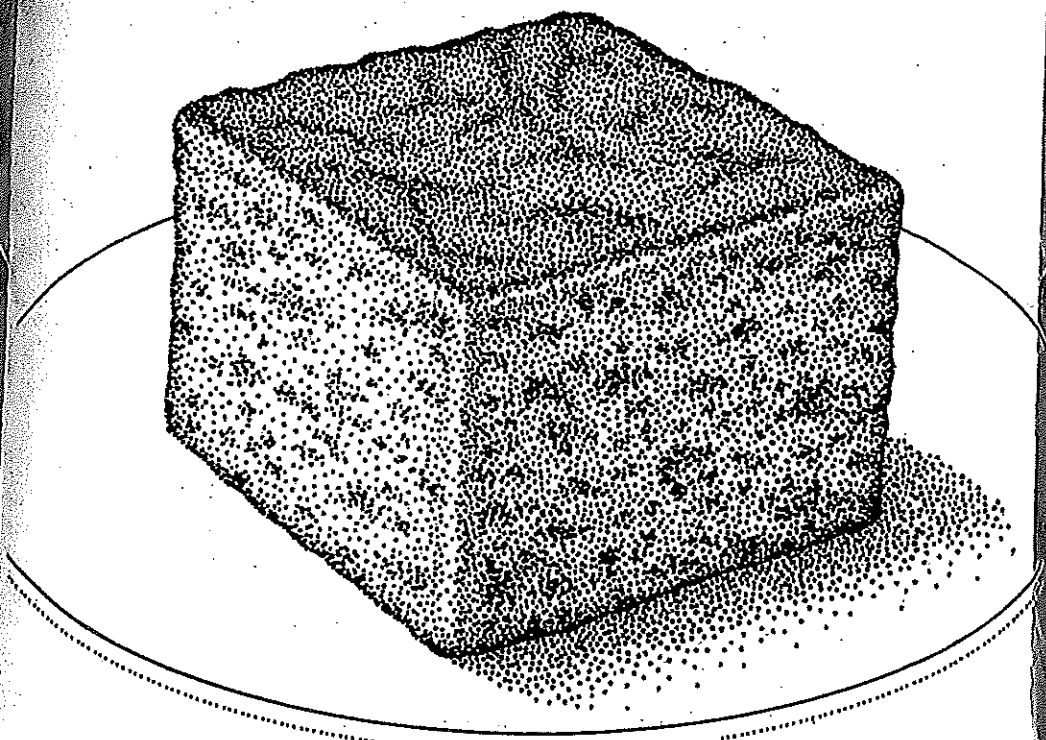
#### Defrosting / Handling Tips

Do not thaw before use. Keep frozen in original packaging.

Cornbread Mix  
Inst # 905973

**Cornbread Mix**

**New Makeup  
Directions (SEE BACK)**



**NET WT 5 LBS (2.26kg)**

<b>Amount Per Serving</b>		<b>Calories from Fat 20</b>
<b>Calories 140</b>		
		<b>% Daily Value*</b>
<b>Total Fat 2g</b>		<b>3%</b>
<b>Saturated Fat 0.5g</b>		<b>3%</b>
<b>Trans Fat 0g</b>		
<b>Cholesterol 5mg</b>		<b>2%</b>
<b>Sodium 420mg</b>		<b>18%</b>
<b>Total Carbohydrate 27g</b>		<b>9%</b>
<b>Dietary Fiber 1g</b>		<b>4%</b>
<b>Sugars 7g</b>		
<b>Protein 3g</b>		
<b>Vitamin A 0%</b>		<b>Vitamin C 0%</b>
<b>Calcium 2%</b>		<b>Iron 4%</b>

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	376g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Yellow Cornmeal, Sugar, Partially Hydrogenated Soybean And Cottonseed Oils, Dextrose. Contains 2% or less of the following: Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate, Salt, Whey, Eggs, Soy Flour, Egg Whites, Guar Gum, Xanthan Gum, Soy Lecithin.

**CONTAINS:** Wheat, Milk, Eggs and Soy.

Made on equipment that makes products containing wheat, eggs, milk, soy and tree nuts.

**DISTRIBUTED BY SYSCO CORPORATION**  
**HOUSTON, TEXAS 77077-2099**  
**000850 • 4948089**

Cranbreed MIX

MFG # 4948089

Goldfish Crackers  
 Ing # 902729

MADE WITH SMILES AND UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), CHEDDAR CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), ANNATTO, VEGETABLE OILS (SUNFLOWER, CANOLA AND/OR SOYBEAN), CONTAINS 2 PERCENT OR LESS OF: SALT, YEAST, SUGAR, SPICES, AUTOLYZED YEAST, LEAVENING (MONOCALCIUM PHOSPHATE, AMMONIUM BICARBONATE, BAKING SODA) AND ONION POWDER.

PEPPERIDGE FARM, INC. • NORWALK, CT 06856  
 THIS UNIT NOT INTENDED FOR RETAIL SALE

14367-3-0

DO NOT USE IF  
 PACKAGE IS OPEN OR TORN

**Nutrition Facts**

Servings Size 1 Pouch

Amount Per Serving

Calories 100 Calories from Fat 30

% Daily Value\*

Total Fat 3.5g 5%

Saturated Fat 1g 4%

Trans Fat 0g

Polysaturated Fat 1g

Monounsaturated Fat 1.5g

Cholesterol Less than 5mg 1%

Sodium 180mg 7%

Total Carbohydrate 14g 5%

Dietary Fiber Less than 1g 2%

Sugars 0g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

\*Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may vary up or down depending on your calorie needs.

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat. Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

PEPPERIDGE FARM  
**Goldfish**  
 BAKED SNACK CRACKERS

**Natural**  
 NO ARTIFICIAL PRESERVATIVES  
 0g Trans Fat

NET WT 0.75 OZ (21g)

**Cheddar**  
 BAKED WITH REAL CHEESE



Pretzels  
ing #001160  
Recipe #9922



CLASSIC  
TINYS  
FUN SIZE

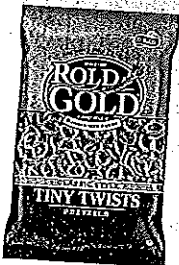


0 28400 01457



000 28400 19132 6

120.5 OZ. BAGS



05002691  
83703 Frito

**Nutrition Facts** Serv. Size: 1 package, Amount Per-Serving: 1 Calories 60, Fat Cal. 5, Total Fat 0.5g (1% DV), Sat. Fat 0g (0% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 230mg (9% DV), Total Carbohydrate 12g (4% DV), Dietary Fiber less than 1g (2% DV), Sugars 0g, Protein 1g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (0% DV), Iron (4% DV), Thiamin (4% DV), Riboflavin (4% DV), Niacin (2% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Corn Syrup, Corn Oil, Yeast, Malt Extract, Sodium Bicarbonate, Ammonium Bicarbonate, and Artificial Flavor.  
CONTAINS A WHEAT INGREDIENT.

FRITO-LAY  
PLANO, TEXAS  
© 2002 Frito-Lay, Inc.  
A NORTH AMERICAN INGREDIENT



Questions or Comments?  
1-800-352-4477  
Weekdays 9:00am to 4:30pm  
Central Time

For our website @ [fritolay.com](http://fritolay.com)

Tortilla Chips  
 Ing # 903429

04397

# SANTITAS®

TORTILLA BRAND TRIANGLES

INGREDIENTS: Whole Corn, Vegetable Oil (Contains One or More of the Following: Corn, Sunflower, or Soybean Oil), and Salt.  
 No Preservatives.

8 Bags 16 oz. ea.  
 TOTAL NET WT. 128 OZ. (8 LB.)

0 28400 08898 5 4

054176-01/SE FOR FRITO LAY

No Preservatives  
 © Recot, Inc. 1991  
 Frito Lay Inc.  
 Dallas, TX 75235-5224

**054176-01**      000 28400 47751 2

NEITHER CASE NOR CONTENTS LABELED FOR RETAIL SALE

**Santitas® Corn Blend Tortilla Chips - 16 oz.**

Nutrition Facts	
Serving Size	1 oz. (28g/About 9 chips)
Servings Per Container	16
Amount Per Serving	
Calories	140
Calories from Fat	50
	%Daily Value*
Total Fat	6g 9%
Saturated Fat	1g 4%
Trans Fat	0g
Polyunsaturated Fat	3.5g
Monounsaturated Fat	1.5g
Cholesterol	0mg 0%
Sodium	110mg 5%
Total Carbohydrate	19g 6%
Dietary Fiber	2g 8%
Sugars	0g
Protein	2g
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients:

Whole Corn, Vegetable Oil (Contains One or More of the Following: Corn, Soybean, and/or Sunflower Oil), and Salt.  
 No Preservatives.

Case UPC	000-28400-47751-2
Bag UPC	0-28400-08898-5
Case Pack	8/16 oz. bags
Kosher Status	Yes – Triangle K
AHG Compliant	No
Grain/Bread Equivalents	1.75 BGE
Weight of Grain	27.0 g
Document Updated	1/10