Pasta, Noodles & Rice Products

Noodle, Lasagna

Noodle, Rotini Multigrain

Noodle, Elbow Whole Wheat

Spaghetti, Whole Wheat

Ravioli, Cheese

Noodle, Yaki Soba

Rice, Mexican

Rice, Brown
Pasta Labella Oven Ready Lasagna

Directions:
1. Preheat oven to 375°F.
2. In medium bowl, combine ricotta, 1 cup mozzarella cheese, 1/4 cup Parmesan cheese, eggs, and basil mix well.
3. In another medium bowl, combine spaghetti sauce, 1 cup water and browned ground beef; mix well.
4. In 9"x13" pan, spread 1 1/2 cups of meat sauce. Place 4 sheets of lasagna over sauce. Spread 1/2 of the cheese mixture over lasagna, top with 1/3 of meat sauce. Repeat layering once. Top with 4 sheets of lasagna and remaining sauce.
5. Sprinkle with remaining mozzarella and Parmesan cheese. Wrap the lasagna tightly with a double layer of foil. Bake for 55 to 60 minutes or until the lasagna is fork tender.
6. Let stand 10 minutes sealed in foil before cutting and serving.

Makes 9 to 12 servings.
**Cooking Instructions**

1. **Bring Water to a Rolling Boil.**
2. **Add Salt to Taste If Desired.**
3. **Add Pasta Gently.**
4. **Return to a Rolling Boil and Stir Occasionally.**
5. **Cook According to Time Indicated in Chart Below.** (Pasta is cooked when tender, but firm to the bite - "al dente").
6. **Drain Pasta in Colander and Serve.**

### Made From 100% Pure Italian Grade Durum Wheat


**Enriched Egg Pasta Ingredients:** Semolina, Durum Flour, Eggs YOLKS, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid. Contains Wheat and Egg Ingredients.

**Enriched Spinach Pasta Ingredients:** Durum Semolina, Spinach Powder, Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, Folic Acid. Contains Wheat and Egg Ingredients.

**Whole Wheat Macaroni Product Ingredients:** Durum Whole Wheat Flour, Contains Wheat Ingredients. Processed in a Facility That Uses Egg.

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**Nutrition Facts**

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>2 oz. (56g) dry</th>
<th>Enriched Egg Pasta</th>
<th>Enriched Spinach Pasta</th>
<th>Whole Wheat Macaroni</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Calories</strong></td>
<td>210</td>
<td>220</td>
<td>260</td>
<td>270</td>
</tr>
<tr>
<td><strong>Calories from Fat</strong></td>
<td>10</td>
<td>32</td>
<td>15</td>
<td>15</td>
</tr>
<tr>
<td><strong>Saturated Fat</strong></td>
<td>6g</td>
<td>8g</td>
<td>7g</td>
<td>7g</td>
</tr>
<tr>
<td><strong>Trans Fat</strong></td>
<td>1g</td>
<td>0g</td>
<td>0g</td>
<td>0g</td>
</tr>
<tr>
<td><strong>Cholesterol</strong></td>
<td>0mg</td>
<td>0</td>
<td>0m g</td>
<td>0m g</td>
</tr>
<tr>
<td><strong>Sodium</strong></td>
<td>410mg</td>
<td>450</td>
<td>1300</td>
<td>1300</td>
</tr>
<tr>
<td><strong>Potassium</strong></td>
<td>10mg</td>
<td>150</td>
<td>0mg</td>
<td>0mg</td>
</tr>
<tr>
<td><strong>Carbohydrate</strong></td>
<td>63g</td>
<td>81g</td>
<td>21g</td>
<td>21g</td>
</tr>
<tr>
<td><strong>Dietary Fiber</strong></td>
<td>2g</td>
<td>2g</td>
<td>10g</td>
<td>10g</td>
</tr>
<tr>
<td><strong>Sugars</strong></td>
<td>2g</td>
<td>2g</td>
<td>6g</td>
<td>6g</td>
</tr>
<tr>
<td><strong>Protein</strong></td>
<td>7g</td>
<td>7g</td>
<td>7g</td>
<td>7g</td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.*

**Cooking Time**

<table>
<thead>
<tr>
<th>&quot;LONG GOODS&quot; Shapes</th>
<th>Spaghetti, Thin Spaghetti, Linguini, Fettucini, Lasagna</th>
<th>Capellini</th>
<th>Angel Hair</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cook Time</strong></td>
<td>7-12 minutes</td>
<td>5-7 minutes</td>
<td>4-6 minutes</td>
</tr>
</tbody>
</table>

**Distributed by Sysco Corporation**

**Manufactured by:**

**Nutritional Information**

- **Calories:** 210
- **Total Fat:** 1g
- **Saturated Fat:** 6g
- **Cholesterol:** 0mg
- **Sodium:** 410mg
- **Dietary Fiber:** 2g
- **Protein:** 7g

**Ingredients:** Durum Semolina, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid, Contains Wheat Ingredients. Processed in a Facility That Uses Egg.
2467637 PRECOOKED CHEESE RAVIOLI

INGREDIENTS: PASTA INGREDIENTS: EXTRA FANCY DURUM FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, LIQUID PASTEURIZED WHOLE EGGS.

INGREDIENT FILLING: WHOLE MILK RICOTTA CHEESE (MILK, WHEY, CREAM, VINEGAR, SALT AND CARRAGEENAN AS STABILIZER), PART SKIM RICOTTA CHEESE (WHEY, MILK, VINEGAR, SALT, CARRAGEENAN AS STABILIZER), WATER, MODIFIED CORN STARCH, SALT, PARMESAN CHEESE (PASTEURIZED COW'S MILK, CULTURES, ENZYMES), SALT, CORN STARCH AND CELLULOSE ADDED TO PREVENT CAKING), ROMANO CHEESE (SHEEP'S MILK, CULTURES, RENNENT, SALT), SPICES.

ALLERGEN INFORMATION: CONTAINS WHEAT, MILK, EGGS.

COOKING DIRECTIONS: 1. DROP FROZEN RAVIOLI INTO SALTED BOILING WATER. AFTER WATER RETURNS TO BOIL, COOK FOR 3-4 MINUTES. PRODUCT INTERNAL TEMPERATURE MUST BE 160 °F OR HIGHER OR 2 MINUTES ADDITIONAL IN A STEAMER OR IN MICROWAVE OVEN.

NUTRITION FACTS
Serving Size: 1 Cup (8 Pcs) (142g)
Servings Per Container 20

Amount Per Serving
Calories 260 Calories from Fat 60
Total Fat 9g % Daily Value
Saturated Fat 5g 21%
Cholesterol 55mg 18%
Sodium 590mg 21%
Total Carbohydrate 33g 11%
Dietary Fiber 1g 4%
Sugars 3g
Protein 11g

Vitamin A 0% * Calcium 16%
Iron 2%

Not a significant source of: Potassium, Vitamin C

*Percent Daily Values are based on a 2,000 calorie diet.

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