

Breads Products: Franz & Rich's

Bread, Sliced Whole Wheat- Franz

Roll, Bolillo Wheat- Rich's

Roll, Kaiser Wheat- Rich's

Roll, Hoagie Whole Wheat- Franz

Roll, Dinner Whole Wheat- Franz

Bun, Hamburger Multi Grain- Franz

Bun, Hot Dog Whole Wheat- Franz

Bread, Sliced w/w
 Ing# 902589

the good bread

Protein 3 grams

1st Choice

100% OTE EAT



MADE WITH WHOLE GRAIN
100% WHOLE WHEAT

Nutrition Facts

Serving Size 1 Slice (32g)
 Servings Per Container 21
 Calories 80
 Calories from Fat 10

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 1g	2%	Sodium 150mg	6%
Saturated Fat 0g	0%	Total Carbohydrate 15g	5%
Trans Fat 0g		Dietary Fiber 2g	3%
Polysaturated Fat 0g		Sugars 1g	
Monounsaturated Fat 0g		Protein 3g	
Cholesterol 0mg	0%		
Vitamin A 0%		Vitamin C 0%	
Riboflavin 4%		Calcium 2%	
Niacin 6%		Folate 2%	
		Iron 4%	
		Thiamin 8%	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Nutrient	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, YEAST, HIGH FRUCTOSE CORN SYRUP, VITAL WHEAT GLUTEN, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: WHEAT BRAN, MOLLASSES, SALT, VEGETABLE OIL (CANOLA, AND/OR SOY), YEAST NUTRIENT (AMMONIUM SULPHATE), DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, AZODICARBONAMIDE, MONOCALCIUM PHOSPHATE), CALCIUM PROPIONATE (MOLD INHIBITOR), CALCIUM SULFATE, ENZYMES, NONFAT DRY MILK, SOY FLOUR.

For more information, please contact our Customer Service Department at 1-800-4-A-BREAD or visit our website at www.abread.com. © 2002 AB BREAD COMPANY. All rights reserved.

NUTRITIONAL FACT SHEET

ITEM:

WHEAT BOLILLO ROLL DOUGH

PRODUCT CODE

02432

Nutrition Facts

NUTRITION FACTS

SERVING SIZE 1 ROLL (72 G)
SERVINGS PER CONTAINER 1

AMOUNT PER SERVING

CALORIES 200 CALORIES FROM FAT 15

% DAILY VALUE *

TOTAL FAT	2G		3%
SATURATED FAT	.5G		3%
TRANS FAT	0G		
POLYUNSATURATED FAT	.5G		
MONOUNSATURATED FAT	0G		
CHOLESTEROL	0MG		0%
SODIUM	290MG		12%
POTASSIUM	60MG		
TOTAL CARBOHYDRATE	38G		13%
DIETARY FIBER	2G		10%
SUGARS	3G		
PROTEIN	7G		
VITAMIN A	0%	*	VITAMIN C 0%
CALCIUM	0%	*	IRON 10%
THIAMIN	20%	*	RIBOFLAVIN 8%
NIACIN	10%	*	FOLATE 15%

For the most up-to-date ingredient information, please check with your Rich's sale representative.

DATE: 11/16/2010

WHEAT KAISER ROLL DOUGH 03279

BAKING INSTRUCTIONS:

1. ROLLING: BULK 25 (6 X 3) ON PAPER LINED SHEET PAN OR BAKING 12 (6 X 3) ON PAPER LINED SHEET PAN OR DIRECT ON PERFORATED SHEET PAN FOR CRISPER CRUST
2. RETARDING: TRAYING 35°F (35°F) 12-16 HOURS OR ROOM TEMPERATURE ON COVERED RACKS 5 MINUTES
3. TEMPERING: FLOOR TIME 20 MINUTES AT ROOM TEMPERATURE
4. PROOFING: 65°F (85% RELATIVE HUMIDITY) 40-50 MINUTES TO TEMPLATE 15 OR DOULEN SIZE
5. BAKING: RACK OVEN 350°F (45 SECONDS STEAM) 14-16 MINUTES DECK OVEN 400°F (10 SECONDS STEAM) 14-16 MINUTES CONNECTION OVEN 350°F (350°F) 12-14 MINUTES * OPEN DAMPER AT MID POINT OF BAKING TIME

INGREDIENTS: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON), FERROUS SULFATE, TRIAZINE MONOTRIVALE ENZYME, FIBREX (VITAMIN FOLIC ACID), WATER, WHOLE WHEAT FLOUR, YEAST, CRUSHED WHEAT, HIGH FRUCTOSE CORN SYRUP, EGGS, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING INGREDIENTS: SALT, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME. 145-5166-07

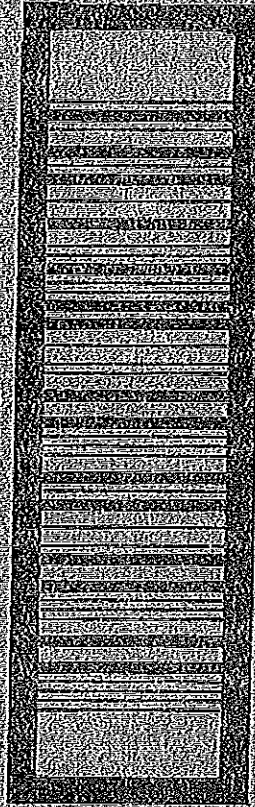
CONTAINS WHEAT EGGS

MAY CONTAIN MILK, SOY AND SESAME



R/MC 7206
CT LIC.

PAREVE



0 010 45806 03279 8

10-18

For product questions call 1-800-558-7184, Canada 1-800-268-8774 or visit us at www.ricoproducts.com.
So that we can better serve you, please provide the product code and production date above.

PRODUCT OF U.S.A.
RICH PRODUCTS CORPORATION, BUFFALO, N.Y. 14213 U.S.A.
www.ricoproducts.com

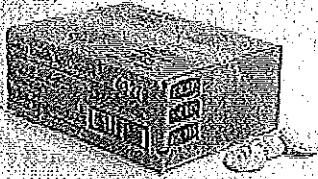
NET CASE WT. APPROX. UNIT WT. APPROX. COUNT.
181.80 OZ (5.12 KG) 27.5 OZ (779 G) 108

Wheat Kaiser
ing # 900210

OPERATOR PRODUCT SPEC SHEET



03279 WHEAT KAISER ROLL DOUGH



PACKAGING

Product Code: 03279	Units Per Case: 108
Unit Weight: 2.75 OZ	GTIN: 00049800032798
UPC:	Gross Case Weight: 19.555 LB
Net Case Weight: 18.562 LB	Case Dimensions: 15.812 IN (L) x 11.562 IN (W) x 6.5 IN (H)
Pallet: Tiers: 10 High: 11	Kosher: KOF-K KOSHER SUPERVISION
Additional Info: 4.50" x 2.19"	

NUTRITION

INGREDIENTS

Nutrition Facts			
Serving Size : 1 ROLL (66 G)			
Amount Per Serving			
Calories 190 Calories From Fat 25			
	Per Srv	% DV	
Total Fat	3g	5%	
Saturated Fat	.5g	3%	
Trans Fat	0g		
Cholesterol	10mg	3%	
Sodium	330mg	14%	
Potassium	35mg		
Total Carbohydrates	35g	12%	
Dietary Fiber	2g	8%	
Sugar	3g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	10%

ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, YEAST, CRUSHED WHEAT, HIGH FRUCTOSE CORN SYRUP, EGGS, SOYBEAN OIL, CONTAINS LESS THAN 2% OF THE FOLLOWING: MOLASSES, SALT, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME. CONTAINS: WHEAT, EGGS MAY CONTAIN MILK, SOY AND SESAME

STORAGE

Shelf Life:

- Frozen : 150 days
- Refrigerated : 0 days
- Ambient : 3-5 days (after baked), sealed in a bag

TIPS & HANDLING

1. PANNING: BULK - 48 (6 X 8) ON PAPER LINED SHEET PAN. BAKING - 12 (3 X 4) ON PAPER LINED SHEET PAN OR DIRECTLY ON PERFORATED SHEET PAN FOR A CRISPIER CRUST. 2. RETARDING/THAWING: (35 - 38 F), 12 - 18 HOURS; OR (ROOM TEMPERATURE) ON COVERED RACK, 45 MINUTES. 3. TEMPER FLOORTIME: 20 MINUTES AT ROOM TEMPERATURE. 4. PROOFING: (95 F, 85% R.H.), 40 - 50 MINUTES TO TEMPLATE #15, OR DOUBLE IN SIZE. 5. BAKING: RACK OVEN: 375 F, 15 SECONDS STEAM, 14 - 16 MINUTES DECK OVEN: 400 F, IF AVAILABLE 30 - 45 SECONDS STEAM, 14 - 16 MINUTES CONVECTION OVEN: 325 - 350 F, 12 - 14 MINUTES * OPEN DAMPER AT MID POINT OF BAKING TIME.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower, depending on your calorie intake.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Fat 9	Carbohydrate 4	Protein 4	

Hamburger Bun, MC
Ing.# 9000916

UNITED STATES BAKERY

74218 4" MULTIGRAIN BUN

ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR,
MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN
MONONITRATE, RIBOFLAVIN AND FOLIC ACID)

WATER
WHOLE WHEAT FLOUR
SUGAR
YEAST
VITAL WHEAT GLUTEN
OAT FLAKES

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:

SALT
VEGETABLE OIL (CANOLA AND/OR SOY)
YEAST NUTRIENT (AMMONIUM SULPHATE)
DOUGH CONDITIONERS (MONO-DIGLYCERIDES, PROTEASE,
SODIUM STEAROYL LACTYLATE, ASCORBIC ACID,
AZODICARBONAMIDE)
CAMEL COLOR
CALCIUM SULFATE
ENZYMES
CALCIUM PROPIONATE (MOLD INHIBITOR)

74218 4" MULTIGRAIN BUN

Nutrition Facts	
Serving Size 1 BUN (56g)	
Servings Per Container 12	
Amount Per Serving	
Calories 140	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Total Carbohydrate 25g	8%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
Thiamin 20%	• Riboflavin 10%
Niacin 10%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

11/16/2010

Hoagy, WW
Ing # 904085

UNITED STATES BAKERY

70410 WHOLE WHEAT HOAGY

WHOLE WHEAT FLOUR

WATER

SUGAR

YEAST

VITAL WHEAT GLUTEN

VEGETABLE OIL (CANOLA AND/OR SOY)

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:

SALT

YEAST NUTRIENT (AMMONIUM SULPHATE)

DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM
STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM
PHOSPHATE, AZODICARBONAMIDE)

CALCIUM SULFATE

ENZYMES

CALCIUM PROPIONATE (MOLD INHIBITOR)

70410 WHOLE WHEAT HOAGY

Nutrition Facts	
Serving Size 1 ROLL (85g)	
Servings Per Container 6	
Amount Per Serving	
Calories 200	Calories from Fat 30
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 390mg	16%
Total Carbohydrate 37g	12%
Dietary Fiber 6g	24%
Sugars 4g	
Protein 8g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 10%
Thiamin 20%	• Riboflavin 8%
Niacin 15%	• Folate 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

11/16/2010

Hot Bun, ww
Ing #902236

UNITED STATES BAKERY

70406 WHOLE WHEAT HOT DOG

WHOLE WHEAT FLOUR

WATER

SUGAR

YEAST

VITAL WHEAT GLUTEN

VEGETABLE OIL (CANOLA AND/OR SOY)

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:

SALT

YEAST NUTRIENT (AMMONIUM SULPHATE)

DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM
STEAROYL LACTYLATE, ASCORBIC ACID, MONOCALCIUM
PHOSPHATE, AZODICARBONAMIDE)

CALCIUM SULFATE

ENZYMES

CALCIUM PROPIONATE (MOLD INHIBITOR)

70406 WHOLE WHEAT HOT DOG BUN

Nutrition Facts	
Serving Size 1 BUN (50g)	
Servings Per Container 8	
Amount Per Serving	
Calories 120	Calories from Fat 15
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 22g	7%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 4%
Niacin 10%	• Folate 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

UNITED STATES BAKERY

Wheat Rolls

70512 **WHOLE WHEAT RL**

WHOLE WHEAT FLOUR

WATER

YEAST

HIGH FRUCTOSE CORN SYRUP

CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING:

VEGETABLE OIL (CANOLA AND/OR SOY)

SALT

VITAL WHEAT GLUTEN

EXTRACT OF MALTED BARLEY

DEXTROSE

WHEAT BRAN

YEAST NUTRIENT (AMMONIUM SULPHATE)

DOUGH CONDITIONERS (MONO-DIGLYCERIDES, SODIUM

STEAROYL LACTYLATE, ASCORBIC ACID,

AZODICARBONAMIDE)

CALCIUM SULFATE

ENZYMES

CALCIUM PROPIONATE (MOLD INHIBITOR)

Wheat Rolls

BUN WH WHEAT RL 8 MAY 1, 2007

Ing # 90220

11/06/2007

70512

Nutrition Facts	
Serving Size 1 ROLL (47g)	
Servings Per Container 8	
Amount Per Serving	
Calories 110	Calories from Fat 15
	% Daily Value*
Total Fat 1.6g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Total Carbohydrate 22g	7%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 8%
Niacin 18%	• Folate 2%
*Percent Daily Values are based on a diet of other people's misdeeds.	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	